SEC.05

ESTORIL MANAGEMENT SYSTEM Health, Safety Management and Environmental Protection Policy

HEALTH, SAFETY MANAGEMENT & ENVIRONMENTAL PROTECTION POLICY

It is the Company's Policy to promote and enhance Health and Safety at Sea, Prevention of Human Injury or loss of life, welfare of employees and avoidance of any adverse impact on the environment (marine or otherwise), including property.

The Company aims at safety and environmental excellence which is accomplished though the following objectives:

- To provide for Safe Practices in ship Operation and a safe and healthy working environment.
- To prevent damage to the ship, her cargo and the environment.
- To assess all identified risks to its ships, personnel and the environment, to establish appropriate safeguards and to operate the ships within ALARP ("as low as reasonably practicable") levels of risk;
- To prevent loss of human life and personal injury.
- To continuously improve Safety Management skills of personnel ashore and aboard ships, including preparing for emergencies related both to Safety & Environmental Protection.
- To ensure that seafarers' work environment on board ships promotes occupational safety and health

In order to effectively implement its Health, Safety Management & Environmental Protection Policy the Company:

- Has appointed dedicated personnel with the responsibility to maintain an overview of Health, Safety and Environment matters.
- Consistently follows all national and international rules and regulations governing the Marine Industry.
- Takes into account applicable guidelines, standards, codes and publications which are issued by maritime organisations and are directed towards creating a safe and pollution free (zero spill) environment.
- Implements a Shipboard Occupational Health and Safety Program (SOHSP)
- Continuously monitors all safety, pollution prevention and occupational health aspects of the vessels.
- Frequently inspects and audits the vessels and carries out necessary maintenance and repairs.
- Continuously improves its management system by taking corrective & preventive action for identified problem areas.
- Provides adequate resources to effectively implement this management system.
- Provides a framework for setting & reviewing environmental & other objectives and targets
- Has carried out a generic Risk Assessment to its basic operations and practices and has established safeguards against identified risks
- Makes every effort to provide a safe and healthy workplace and considers working safely a condition of employment.
- Provides necessary resources to implement the occupational health and safety program.
- Recognises that no task is so important for an employee to put himself at risk of injury or illness in order to get it done.
- Protects the Health of seafarers and provides prompt access to Medical Care on board and ashore when needed.

All Company employees, shore based and sea going are responsible for implementing the Company's Health, Safety Management & Environmental Protection Policy.

The Company's Management is responsible for monitoring and reviewing this Policy at regular intervals in order to ensure that it remains relevant and effective.

Related Procedure	
Health, Safety Management & Environmental Prote	ction Procedure CP17
Risk Assessment Procedure CP08	
Date	Managing Director